

1

putting on the pouch



The pouch is designed as a closed loop with a curved seam and padding on one side

2



To use, fold the pouch inside itself to form a double layer such that the width of the pouch is now halved

3



Sling the folded pouch over your shoulder with the double layer facing up to form a pocket. The seam should be vertical in front of you at the lowest position.

4



cradle carry (0-3 months)



Sling the pouch over your shoulder with the padding **facing out**. The seam of the pouch is at the lowest position in front of you



Position baby's bottom at the seam of the pouch, legs slightly crossed. Using the padding as a handle to adjust, drop baby's bottom inside the pouch to rest on the seam



With baby sitting securely on the seam, position his head inside the pouch. Make sure that baby's face is always visible and his chin is not pressed hard against the chest in this position.



kangaroo carry (3-6 months)



Sling the pouch over your shoulder with the padding **facing out**. The seam of the pouch is at the lowest position in front of you



Carry baby high up on your shoulder, facing out with legs folded



Using the padding as handle, drop baby's bottom inside the pouch to rest on the seam. Baby is now sitting inside and ready to go!



front carry (4 months - toddlerhood)



Sling the pouch over your shoulder with the padding **facing in**. The seam of the pouch is in the lowest position in front of you



Carry baby over your shoulder and position the padding under his knees to cushion them



Open the fold of the pouch to form a seat and drop baby's bottom inside the pouch to rest on the seam. Your hands are now free!

